



Newsletter Date October 2018

Volume 2018 Issue 2

Email us at ghhs738@gmail.com or msg. us at Kinmount Heritage-GHHS on



Message from the President

Hello Everyone: We had a very good turn out for our Annual General meeting this past week, where we updated our constitution and outlined our plans for next year. We had a busy summer with many visitors and family tree research, as well as participation in various community activities. We have made good use of our major donation by purchasing much-needed supplies and equipment. We are still looking for a permanent home, hopefully we will have options soon. I hope you all have a great fall, Christmas and winter, and we will 'see' you in the spring!
Barbara Cain



Kinmount Fair sure has changed in 113 years!!

Our Team

President	Barbara Cain
Vice-President	Guy Scott
Secretary	Margo Phillips
Treasurer	Jim Walker
Directors	Kathy Lee
	Brenda Schryer
Volunteers:	Ruthann Allen
	Janice Stange

Our Ongoing Projects:

- Sorting donated pictures
- Map of original town lots of Kinmount Village
- Collecting more family trees for our collection
- Enlargements of pictures for the Centre
- Completing the inventory of our collection
- Galway Picture Book, Headstone project



We are always looking for willing and able volunteers!!

If you know of anyone who has an interest in local history and would like to help by becoming a member, please pass along!! For less than the cost of a pizza, they can help preserve history!!!

Today's Food—By ANN ADAM *Good*

Date-and-Nut Bread #1 Good to Keep on Hand

Do you know anything better to have on hand than a sweet loaf—fruited and nutted to make it practically irresistible? Such cake-like breads keep well and fit into a multitude of needs. At meal time, such bread may be just what you would like to top off with. At afternoon tea, it is perfection. At dinner, you might cut it in fingers and serve it with fruit or a gelatine whip, with a delicate milk pudding or a sparkling jelly. When the evening calls for a casual refreshment tray, a really good bread of this type can be ideally served with a hot beverage, be it tea, coffee or cocoa.

Today we have an excellent recipe for such a loaf—we hope it will please a great many of you.

DATE AND NUT BREAD

We get a wonderful suspension of the dates and nuts in this very delicious sweet loaf. It keeps well for several days, being naturally moist in character and kept so by the dates.

Yield—one 4½ x 8½-inch loaf.

2½ cups once-sifted pastry flour

Or 2¼ cups minus 1 tablespoon once-sifted all-purpose flour

¼ teaspoon baking soda
3 teaspoons baking powder
¾ teaspoon salt

¼ cup chilled shortening
6 tablespoons granulated sugar
6 tablespoons lightly-packed brown sugar
2 eggs, well beaten
¾ cup milk
½ teaspoon vanilla
1 cup finely-cut pitted dates
½ cup broken walnuts

Sift the flour, baking soda, baking powder and salt together twice, then into a bowl.

Add the chilled shortening and cut in finely.

Stir in the white and brown sugars.

Combine the eggs, milk and vanilla.

Make a well in the dry ingredients and add the liquids, all at once; combine lightly, but completely.

Fold in the dates and walnuts.

Turn batter into a greased loaf pan (8½ x 4½ inches, top inside measure) which has been lined in bottom with greased waxed paper.

Bake in a rather slow oven, 325 degrees, 1 to 1¼ hours, or until loaf springs back when lightly touched with a finger tip.

Leave standing in its pan for 10 minutes, then turn out on cake rack to cool.

Store until next day.
Slice thinly and spread with butter.

Old Medical Terms of Illness

Canker	Ulceration of mouth or lips or herpes simplex
Catalepsy	Seizures/trances
Catarrhal	Cattarrh is a cold(the al at the end makes it an adjective) Nose and throat discharge from cold or allergy
Cerebritis	Inflammation of cerebrum or lead poisoning
Chilblain	Swelling of extremities caused by exposure to cold
Childbed fever	Infection following birth of a child
Chin cough	Whooping cough
Chlorosis	Iron deficiency anemia
Cholera	Acute severe contagious diarrhea with intestinal lining sloughing
Cholera morbus	Characterized by nausea, vomiting, abdominal cramps, elevated temperature, etc., could be appendicitis
Cholecystitis	Inflammation of the gall bladder
Cholelithiasis	Gall stones
Choren	Disease characterized by convulsions. Contortions and dancing
Cold plague	Ague which is characterized by chills
Colic	An abdominal pain and cramping
Congestive chills	Malaria with diarrhea
Corruption	Infection
Coryza	A cold
Costiveness	Constipation
Cramp colic	Appendicitis
Crop sickness	Overextended stomach
Croup	Laryngitis, diphtheria, or strep throat
Cyanosis	Dark skin colour from lack of oxygen in blood
Cynanche	Diseases of the throat
Cystitis	Inflammation of the bladder
Day Fever	Fever lasting one day; sweating sickness
Debility	Lack of movement or staying in bed
Decrepitude	Feebleness due to old age
Delirium tremens	Hallucinations due to alcoholism
Dengue	Infectious fever endemic to East Africa

Trick in Mathematics

Multiply your age by 2 and add 5.

Multiply by 50

Add the change in your pocket, if less than a dollar.

Subtract the number of days in this year 365.

Add 115 for good measure.

The two left handed figures will show your age.

The two right handed figures is the change in your pocket.

“Wart Remedy: Take the dandelion stems and squeeze some of the white sticky juice from them onto the wart. If you do this a few times, the wart will turn black and slough off, leaving the skin clear”



Stories and Memories.....

The Shoe Tree



This is the once famous shoe tree in Kinmount. It was removed in 2011, after complaints about safety and the look of it. Does anyone have stories or memories about the tree?

“The Baby Train”

WANTED
Homes for Children

A company of homeless children from the East will arrive at
TROY, MO., ON FRIDAY, FEB. 25th, 1910

These children are of various ages and of both sexes, having been thrown friendless upon the world. They come under the auspices of the Children's Aid Society of New York. They are well educated, having come from the various orphanages. The citizens of this community are asked to assist the agent in finding their homes for them. Persons taking these children must be recommended by the local committee. They must treat the children in every way as members of the family, sending them to school, church, Sabbath school, and properly clothe them until they are 17 years old. The following well-known citizens have agreed to act as a local committee to aid the agents in securing homes:

O. H. Avery E. B. Woolfolk H. F. Childers
Wm. Young G. W. Colbert

Applications must be made to, and endorsed by, the local committee.

An address will be made by the agent. Come and see the children and hear the address. Distribution will take place at the

Opera House Friday, Feb. 25, at 1:30 p. m.

B. W. TICER and MISS A. L. HILL, Agents, 105 E. 22nd St., New York City.
REV. J. W. SWAN, University Place, Nebraska, Western Agent.

Please let us know if you remember or have heard of the baby trains that stopped at Kinmount to place children and infants with willing families before 1940.....

Real (not Fake) News

Buckhorn



Everyone in Buckhorn is happy that the clock is back to its original home at the old SS5 Harvey location (now the library)

Galway Hall




Ah Fall ! The comforting smells and tastes of fresh crisp days...a Turkey Dinner is happening on November 3 at 579 Galway Rd....Turkey and stuffing and pie....Oh My!!!

“Nosebleeds: Extraordinary as it may appear, a piece of brown paper folded and placed between the upper lip and the gum, is said will stop bleeding of the nose”

The Canadian Farmer, Toronto 1864

**IT'S THAT SPOOKY
TIME OF YEAR
AGAIN !!**


**Cemetery
Symbolism**

Botanical Symbols

- Acanthus * Garden of Heaven
- Bay Laurel * Spiritual Victory
- Bellflower * Gratitude
- Box wood * Stoicism
- Tree Stump or Broken Flower * Interrupted Life; Premature Death
- Bouquets * Condolences; Grief
- Calla Lily * Sympathy
- Cedar * Prosperity; Long Life
- Clematis * Beauty
- Daffodil * Regard
- Daisy * Innocence; Hope
- Dogwood * The Atonement
- Evergreens * Immortality
- Fern * "Dreaming of You"
- Fruit * Eternal Plenty
- Holly * Happiness; Friendship
- Ivy * Fidelity; Abiding Memory; Eternal Friendship
- Lily * Purity; Innocence
- Lotus * Renewal of Life
- Morning Glory * Departure; Farewell; Resurrection
- Marigold * Grief; Sorrow
- Moss * Maternal Affection
- Oak * Loyalty; Strength; Honor
- Olive * Peace; Victory
- Palm * Spiritual Victory
- Pansy * Tenderness
- Phlox * "Our Souls are United"
- Pinecone * Regeneration
- Rose * Love; Beauty; Grace
- Rosebud * Premature Death
- Rosemary * Remembrance
- Shamrock * The Holy Trinity
- Tulip * Love; Charity
- Violet * Modesty
- Willow * Grief; Sorrow
- Wreath * Eternity; Memory
- Zinnia * "I Mourn Your Absence"

oaklandcemetery.com

William Shakespeare, "MacBeth"
"Double double toil and
trouble, fire burn and
cauldron bubble."



Lucy, "It's the Great Pumpkin,
Charlie Brown" "A person
should always choose a
costume which is in direct
contrast to her own
personality."



The first known
printed reference to "trick-or-
treat" appeared in
the Alberta Canada Herald
on Nov. 4, 1927, according
to *Smithsonian*.

Believe it or not, pumpkins
have names and none is
more iconic than the Howden
pumpkin, Developed in the
'60s, the variety is known for
its large size, handle-like
stem, and bright orange
colour.

The Heart of Buckhorn



It was a beautiful day in
Buckhorn on Saturday when the
new Ode`naang Park was
officially opened.

Mayor Bev Matthews and Curve
Lake First Nation Chief Phyllis
Williams officially did the opening
and unveiling of a temporary sign
for the Park. The name means
"Heart of the Community". What
a lovely legacy. The property has
a long and significant cultural
history for the entire community
and has served many purposes.
Now, it will be a parkland for
everyone to enjoy.

**Trent Lakes....Are You
Ready to.....**

VOTE

Municipal Election October 22, 2018

**Have you received your
PIN?**

**Call 705-738-3800 if you
have not received it.**

**If you have received it,
you may vote online or
by touch-tone telephone
between 10 am Oct 9 and
8 pm Oct 22.**

**If you need help, call 1-
888-459-5102 or email
help@simplyvoting.com**



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